



Schedule of Training Courses **April – June 2022**

Group Discounts are available and a minimum of 10 delegates are needed for a public course to proceed

Training Schedule

Course	Unit Standards/ Curriculum	Location	April	May	June
Adult Primary Care (APC)	NDoH Curriculum	To Be Announced		23 – 27	20 – 24
Health Information, Indicators and Analysis		To Be Announced	04 – 30 (3 months course)	01 – 31 (3 months course)	01 – 30 (3 months course)
HIV Counselling and Rapid Testing	NDoH Curriculum	To Be Announced	04 – 08	23 – 27	
		Durban	04 – 08 (TBC)		
		Zululand		09 – 13 (TBC)	
Nurse Initiated Management of Antiretroviral Treatment (NIMART)	NDoH Curriculum	To Be Announced		16 – 20	06 – 10
Research Methods for Health		Online	11 – 22	16 – 27	
Advance HIV and AIDS counselling (HWSETA Accredited Skills Programme)	252512 NQF L4 Credits 12 252533 NQF L2 Credits 05 117507 NQF L4 Credits 07 252532 NQF L5 Credits 03	To Be Announced		30 May – 03 June	30 May – 03 June
Counselling and Risk Behaviour (HWSETA Accredited Skills Programme)	117849 NQF L4 Credits 08 117866 NQF L4 Credits 05 252513 NQF L4 Credits 03	To Be Announced			03 – 10
Primary Health Care Advocacy (HWSETA Accredited Skills Programme)	260406 NQF L4 Credits 04 260379 NQF L2 Credits 10 114491 NQF L4 Credits 10	To Be Announced		16 – 31	

Additional Course information

	Course Description	Course duration and requirements
Adult Primary Care (APC) (NDoH Curriculum)	<ul style="list-style-type: none"> • This course is a symptom-based integrated clinical management tool using a series of algorithms and checklists. • APC is intended to guide the management of common symptoms and chronic conditions in adults. • The APC course is developed using the approved clinical policies and guidelines issued by the National Department of Health. It is reviewed periodically and aligned with the Department's clinical policies and guidelines. • Adult Primary Care empowers health-care workers to manage common symptoms and conditions using a symptom-based integrated clinical approach. 	5 Days Theory Work-based Learning (24 clinical cases must be completed in clinical practice) (POE submission of clinical cases)
Basic Antenatal Care Plus (BANC Plus) (NDoH Curriculum)	<ul style="list-style-type: none"> • This course is about discussing the terminology used during pregnancy; the importance of antenatal care; when antenatal care should start during pregnancy; and the intervals of the follow-up visits. • The course also describes the care for the pregnant women received during the first and follow-up visits. This includes clinical assessment, monitoring foetal growth, screening for infection and congenital abnormalities, counselling, and referral if needed. 	3 Days Theory
Health Information, Indicators and Analysis	<ul style="list-style-type: none"> • This course provides knowledge and skills for data collection, analysis, reporting and application of data for improving health service delivery. • Students will learn to apply methods and tools to use healthcare services information for evidenced-based decision-making in the management of health service delivery at all levels – healthcare facilities, sub-district and district levels. 	12 weeks (3 Months)
HIV Counselling and Rapid Testing (NDoH Curriculum)	<ul style="list-style-type: none"> • This course equips all healthcare providers with the knowledge and skills to perform HIV counselling and rapid testing confidently, accurately and in a safe and professional manner, and to provide HIV Testing Services (HTS) effectively. 	10 Days Theory (Non-Professionals) 5 Days Theory (Professional Nurses) Work-Based Learning (10 Counselling sessions and 10

Additional Course information

	<ul style="list-style-type: none"> • The protocol for service includes patient or client education; informing the or client education; informing the patient or client about the importance of testing for HIV and knowing one’s HIV status; and linkage to appropriate HIV prevention, treatment care services and other clinical and support services. 	<p>Rapid tests to be conducted in practise environment) (Portfolio of Evidence Submission of 10 counselling sessions and rapid testing)</p>
<p>Nurse Initiated Management of Antiretroviral Treatment (NIMART) (NDoH Curriculum)</p>	<ul style="list-style-type: none"> • This course is about the entire spectrum of HIV. It includes the epidemiology; prevention; diagnosis and clinical staging of HIV the principles of initiation of anti-retroviral therapy for children, adolescents, pregnant women, and adults; and the management of HIV and opportunistic infections. Anti-retroviral medicine, indications, contraindications, side-effects and adverse effects as well as reporting, monitoring and evaluation of programmes are addressed. 	<p>5 Days Theory Work-based learning in a clinical practice environment (80 clinical cases must be completed). (Portfolio of Evidence submission of the clinical cases)</p>
<p>Research Methods for Health</p>	<ul style="list-style-type: none"> • This course is about the basic concepts and research steps, such as doing a literature review; study design; sampling; quantitative and qualitative research methods; research ethics; data collection; and bias (confounding factors, reliability and validity). • It equips learners with the skills to do data collection, analysis and interpretation of results, as well as report writing. • The course provides participants with research approaches, such as the quantitative and qualitative approaches. • It also teaches the use of different data collection tools, such as questionnaires and interviews. 	<p>10 Days</p>
<p>Advance HIV and AIDS counselling (HWSETA Accredited Skills Programme)</p>	<ul style="list-style-type: none"> • This course is intended for people who counsel in the speciality area of the Human Immunodeficiency Virus (HIV) and the Acquired Immunodeficiency Syndrome (AIDS). • It addresses basic counselling, pre- and post-HIV test counselling, and ongoing counselling and support for individuals infected or affected by HIV and AIDS. • The development and implementation of an anti-retroviral treatment plan is also covered. 	<p>15 Days Theory 30 Days Work-Based Learning in practise environment (Portfolio of Evidence to be submitted)</p>

Additional Course information

<p>Counselling and Risk Behaviour (HWSETA Accredited Skills Programme)</p>	<ul style="list-style-type: none">• This course will empower the learner with the knowledge and skills to identify high risk behaviour that may lead to HIV infections and other lifestyle diseases.• The course equips participants with counselling skills, strategies and techniques to deal with the behaviour of individuals and groups.• It further capacitates counsellors to promote the prevention of high-risk behaviour, like teenage pregnancy and substance abuse.	<p>6 Days Theory 14 Days Work-Based learning in practise environment (Portfolio of Evidence to be submitted).</p>
<p>Primary Health Care Advocacy (HWSETA Accredited Skills Programme)</p>	<ul style="list-style-type: none">• This course covers Primary Health Care (PHC) in South Africa.• It enables students to plan, implement, and manage community healthcare projects.• It tackles the causes and effects of HIV and other infections, and how to prevent its spread.• The course emphasises community involvement, advocacy and awareness campaigns, especially for addressing HIV/AIDS, TB and STIs.• It covers pre- and post-testing counselling; the impact of treatment and care of HIV-positive people and their rights; creating awareness for prevention; and behaviour change in communities.	<p>12 Days Theory 28 Work-Based learning in practise environment (Portfolio of Evidence to be submitted)</p>

Terms and conditions

- All HSTi public courses will ONLY go ahead if we have at least 10 (ten) delegates confirmed. HSTi reserves the right to postpone courses where there are below 10 (ten) delegates to a future date. Venues given are only tentative, hence they depend on availability. As a result, HSTi reserves the right to change venues. Please confirm with our consultant before booking your flights and accommodation.
- Cancellations of training must be made no later than two working days before the course starts. For late cancellations, a penalty will apply (50% of the course cost will be the cancellation fee).
- Results (Statement of Result & Certificate) will not be issued unless the account is paid in FULL.
- The substitution of learners can be made at any time without incurring a penalty. Please inform us in writing so we can make the necessary arrangements for the new learner.
- Learners will not be permitted to attend any training course without proof of payment or a purchase order number (where applicable and if the learner's company is paying).
- A booking will be deemed confirmed once a learner receives written confirmation of a booking from HSTi and an invoice is sent to the learner or organisation the learner is employed.

Online, Blended, classroom and workplace learning delivery options are available

Accreditation bodies:

- Health and Welfare SETA: Accreditation number HW59IPA1311517
- Association of Private Providers of Education, Training and Development





Health Systems Training Institute

Contact Details:

Make a booking:

Enquiries@hstinstitute.co.za

Email of contact person:

Cassius.Semaushu@hst.org.za

Tel: +27 (0)11 312 4524 (Gauteng)

Tel: +27 (0)31 266 9090 (Durban)

www.hstinstitute.co.za