

The use of applications-driven training models, experts and rigorous quality assurance are the hallmarks of our success. Training solutions are delivered on time, to budget, and to specifications. This is supplemented by effective project planning, monitoring and evaluation, and rigorous risk management.

## WHO ARE THE HSTi TRAINERS?

HSTi draws on an extensive staff complement of public health experts ranging from medical doctors, nurses, clinicians, public health managers, professionals and researchers to deliver training solutions. Our trainers are hand-picked based on the required training.

Modern-day challenges require multi-disciplinary teams working together to solve complex problems. We believe that this is the best approach to ensuring that expertise is matched to client expectations. HSTi offers a wealth of "know-how" to strengthening health systems.

## WHY CHOOSE THE HSTi?

**Track Record:** We have a proven track record of delivering training solutions successfully. Our training is applications-driven to ensure implementation in the workplace.

**Pedagogy:** Our approach is hands-on, practitioner-driven and user-friendly, thus enabling busy professionals to engage with the training. Learning is tailored to client needs and based on working models in the health system.

We pride ourselves on our expertise in primary healthcare support to help clients understand what works, in what context, and why; monitor and evaluate, design and implement training; develop insights; provide innovative and cost-effective training solutions; and share good practice.

**Knowledge:** We have in-depth knowledge of strengthening national health systems and identifying the training needs to support these systems. We also have strong global and local networks in the health system. We integrate theory with practice and give considerable weighting to practitioner experiences. It enables rapid implementation of new skills to the work setting.

**Training:** Our training programmes are based on learner-centred methods and are validated against working models. It requires critical analysis, deep reflection and discussion of complex issues by participants.

**Accreditation:** Health and Welfare SETA - Accreditation Number: HW591PA1311517

## WHO TO CONTACT?

### Prof Hoosen Rasool

Tel: +27 11 312 4523

Cell: +27 83 786 9329

Email: [Cassius.Semaushu@hst.org.za](mailto:Cassius.Semaushu@hst.org.za)

### Dr Susan Naude

Tel: +27 11 312 4523

Cell: +27 82 447 6279

Email: [Susanna.Naude@hst.org.za](mailto:Susanna.Naude@hst.org.za)

## JOHANNESBURG:

1st Floor, Block J, Central Park,  
400 16th Road, Midrand, 1682, South Africa  
PO Box 6925, Midrand, 1685, South Africa  
Tel: +27 (0)11 312 4524  
Fax: +27 (0)11 312 4525

## DURBAN:

1 Maryvale Road, Westville 3630  
PO Box 784, Durban 3630, South Africa  
Tel: +27 (0)31 266 9090  
Fax: +27 (0)86 588 0394



 Health Systems Trust  @HST\_health  [www.hst.org.za](http://www.hst.org.za)

 HST Health Systems Trust  Health Systems Trust

## WHAT IS THE HEALTH SYSTEMS TRAINING INSTITUTE?

The Health Systems Training Institute (HSTi) is the training arm of the Health Systems Trust (HST), a leading force in the South African public health sector. HST was established in 1992, on the brink of democracy in South Africa, and has since played a significant role in strengthening the national primary health system through health research, informatics, clinical support, capacity-building and training. HST's strength lies in the knowledge, insight and experience harnessed through synergising our research and implementation outputs towards a vision of health for all through strengthened health systems. HST's working models are translated into capacity-building and training interventions and are delivered by HSTi to improve primary health care (PHC).

The Health Systems Trust is accredited by the Health and Welfare Sector Education and Training Authority (HWSETA). HSTi is the vehicle that provides the training and development support for the programmes delivered by HST. HSTi is now expanding its capacity-building and training offerings to all role-players within the health system in Southern Africa.

## WHAT DOES HSTI OFFER?

HSTi offers innovative, tailored and application-driven clinical and non-clinical training solutions aimed at strengthening health systems at all levels and improving the quality of primary health care. HSTi has a nuanced grasp of the challenges faced in the delivery of primary health care. It has led us to develop inventive, locally responsive training solutions in support of global and local health agendas.

HSTi provides capacity-building and training support for the introduction of universal health coverage through National Health Insurance (NHI) and initiatives such as the re-engineering of primary health care, strengthening public health facilities, and improving quality of care. HSTi supports the health system and those who work in it through training and capacity-building.

HSTi's client-base straddles the entire health system. Our clients include multi-national donor organisations; health departments at national, provincial and district levels; NGOs/CBOs; statutory bodies; trade unions, employer associations, clinics and hospitals.

## Our areas of training and capacity-building expertise include:

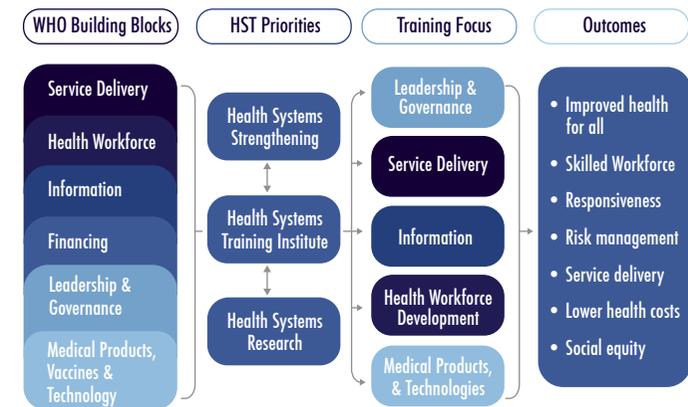
- ◇ **Health Management and Information**  
Management and implementation support in health facilities; planning, decision-making, monitoring and evaluation; mentoring and coaching on good practice; implementing the ideal clinic dashboard; health statistics; district health barometer; re-engineering quality improvement; community engagement at health districts and sub-districts; and strengthening sub-district Health Management Teams capacity for service delivery.
- ◇ **Health Research**  
Research design and methods, protocols, proposal writing, analysing health indicators and databases.
- ◇ **Health Strengthening**  
Training solutions for universal health coverage (UHC), re-engineering health facilities, change management, improving performance, and better quality of care.
- ◇ **Clinical Training**  
Nurse-initiated management of antiretroviral therapy, basic antenatal care plus, maternal and reproductive health, integrated management of childhood illness, among others.

The various entities in HST work seamlessly to translate research, strengthening and implementation into training solutions that work to deliver our mission to be a partner of choice in building comprehensive and equitable health systems. Our training is practitioner-driven, fore-grounding the multi-faceted nature of health systems and the dynamic relationships that drive healthcare delivery.

## IN WHAT MODEL IS OUR TRAINING SYSTEM EMBEDDED?

The imperatives of the global health agenda are the starting point that drives HSTi's mission.

HSTi's training offerings are derived from the six health system building blocks of the World Health Organization (WHO). These building blocks are translated into health systems strengthening, research and training at an organisational level in HST. It is aimed at ensuring a more sustainable, accessible and equitable healthcare system for all.



## WHAT IS THE HSTi TRAINING APPROACH?

Our training approach is demand-driven, participative and practitioner-led

